



Athletics Meeting

Parent and Athlete Information Evening

- **Developmental Boys**

Mr. Kast

Mr. Scherger

- **Junior Boys**

Mr. Day Chief

Mr. Ellard

- **Senior Boys**

Mr. Roberts

Ms Hodge

Mr. Harvey

- **Developmental Girls**

Mrs. Skauge

Ms. Spoulos

- **Grade 8 Girls**

Ms. Munro

Ms. Hartman

- **Grade 9 Girls**

Mrs. Kraemer, Ms Edmonds

Ms. Mitchell, Ms Lawrence

Meet the Coaches

- **Player Development**
 - **Senior Team (Gr 8/9)**
 - **Junior Team(Gr 7/8)**
 - **Developmental Team (Gr. 7)**
- Strive for excellence **“Bring to light the best we can become.”** We are trying to place players by skill level and ability. We want players experience situations that they can be successful in.
- **Respect** for self, teammates, coaches, opponents, officials, and rules of the sport

Philosophy of the Program

Guiding Principles of St. Francis Athletics

Preamble: The goal of sport is to win. Now that being said, the purpose of sport can mean many things. There are many other positive attributes and life skills that can be learned through sport, such as but not limited to commitment, teamwork, resilience, dedication, selflessness, leadership, citizenship, comradery, humility, trust, passion, fun. We believe it is primarily up to the athletes (with support from coaches and parents) to strive to do their best and to make the most of their experience. It is a privilege to be involved in St. Francis Athletics.

- Focus on **Fair Play** (all players will receive fair playing time as safety, team, commitment, skill, attendance and positive participation allows)

This does not mean Equal Play.

- **Sportsmanship**
- **Academics** and athletics need to find a balance for each student

Philosophy of the Program

Google Calendar

- Practices, games, tournament information, locations, times.
- Please check weekly for the latest information.

Email: millerd@holyspirit.ab.ca

Communication- School

- Most practices occur at CCH. Please see the google calendar for times.
- The schedule will consist of 2 tournaments and some exhibition play with other Lethbridge schools.

Developmental Program

- Development of Student Athletes
- Development of Team Concepts and Teamwork
- Fun

Focus and Philosophy of Junior/Senior Programs

- Practices occur at St. Francis & CCH East
- Part of the L.S.AA and participate in the league games on Tuesday and Thursday as well as the L.S.A.A. City Championship Tournament.
- Participate in tournaments on weekends.
- Grade 9 participate in the Zone Championship Tournament. (if they qualify)

Focus and Philosophy of Junior/Senior Programs

- **Representative of SF, Coaches, Parents & Self**
 - Honorably
 - At all times
- **Commitment**
 - Student athlete
 - Focus on Academics
- **Athletic Code of Conduct**
 - Parameters of commitment

Player Expectations

- Parenting and coaching are extremely different roles, but by establishing an understanding of each position, everyone is better able to accept the actions of the other and provide greater benefit to students.
- Encourage and praise students in their attempt to improve themselves as students, athletes, and citizens
- **Parents/Guardians are responsible for all travel and accommodations for their child. School supervision ends at the end of each game and practice. This includes tournaments.**
- **Code of Conduct** - Copies will be posted to our website.

Parent Expectations



Parent

- Ask your teen first
- Notify coach of any schedule conflicts
- Questions expressed directly to coach

Coach

- Philosophy
- Expectations
- Location and times of all practices/contests
- Team Requirements

Communication:
Coaches/player/parent

There may be situations that require a conversation between the coach and parent. These meetings are encouraged however; in order to help promote a resolution the following guidelines are in place:

- 1.** Parent/Guardian makes an appointment to speak directly to coach to discuss concern
- 2.** If concern is not resolved, call the school athletic director to arrange a conference with parent, coach and athletic director.

***24 Hour Rule---DO NOT** attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and coach. Meetings of this nature tend to not promote resolution!

Communication

Volleyball Rules to understand:

- Teams are only allowed 2 timeouts
- Libero: Back row defense only player (Gr. 9 Only)
- Unlimited number of substitutions
- A player who subs for a player may only be replaced by the player who was replaced. Unless the event of Injury.

Situational Volleyball

Reasons a player may be substituted:

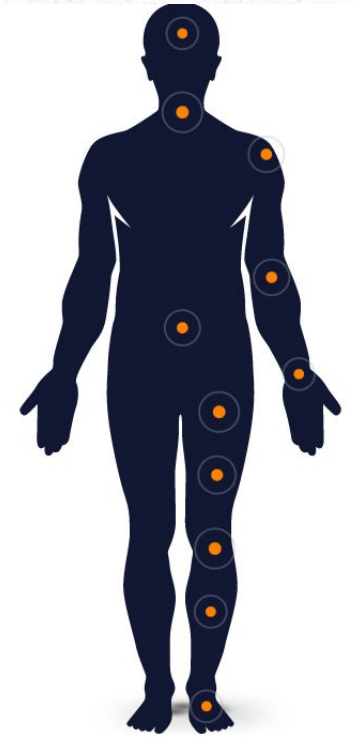
- Injury
- Loss of confidence
- Lack of focus/struggling
- To give player on floor some specific coaching tips.
- Coaching Strategy- ie. Create a break in the momentum of the game.
- Lack of team play- ie. Negativity toward teammate.

Situational Volleyball



FIT TO PLAY

CHOOSE YOUR SPORT



Training Resources

- Athletic Code of Conduct
- Parent Permission Form
- Fees
 - Developmental- \$100
 - Junior - \$150
 - Senior - \$180

Forms and Fees

What do Volleyball fees cover?

- League Fees
- Zone Fee
- Tournament entries
- Referee Expenses
- SFJH Wildcat clothing
- Scorekeepers
- Evergreening of Equipment.
- End of year pizza celebration
- Teacher sub costs if sub required for tournaments.

FEE BREAKDOWN

**We are looking forward to a
fantastic season!**

Thank- you

